

## Your Flu Vaccine Protects Me My Flu Vaccine Protects You

- The flu vaccine is safe. You cannot get the flu from a flu vaccine.
- Pneumonia and flu are a leading cause of death among Native Americans.
- Please get a flu vaccine each year to protect you and your family.
  - The high dose flu vaccine for those 65 and older.

For an appointment call: Shoalwater Bay Wellness Center (360) 267-0119

Office hours are Monday through Friday, 8:30am to 4:30pm (Closed from noon to 1:00pm)